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| TITLE | breakfast helps girls stay slim |
| INSTRUCTOR | Ss’ LEVEL | AGE GROUP | No of Ss | LENGTH |
| Min |  | 16 | 8 | 50mins |
| MATERIALS |
| computer or laptop worksheetsmarker , white board ppt |
| AIMS 1. | students will practice to reading comprehension skills |
| **2.** | students will learn the vocabularies relate with the topic through activity |
| LANGUAGE SKILLS |
| Listening | other students ideas and instructions |
| Speaking | their own opinion during discuss and read the passage |
| Reading | article and worksheeis |
| Writing | fill the blanks of worksheet |
| **LANGUAGE SYSTEMS** |
| Phonology | publish, weight, release, nutrient, conclusion, contain etc |
| Lexis | see phonology |
| Grammar | past and present tense |
| Discourse | during word search and fill the blanks |
| Functions | responding, discussing,  |
| ASSUMPTIONS |
| students already have experienced about topic  |
| ANTICIPATED GRAMMATICAL ERRORS AND SOLUTIONS |
| Student cannot understand a few words about the article  Provide the chance to use dictionary or ask other student in the same group and teacher  |
| REFERENCES |
| http://www.breakingnewsenglish.com/0509/050910-breakfast.htmlhttp://www.esl-galaxy.com/wordsearch.htm |
| NOTES |
| planB shiritory- Teacher start by saying a word and the next student has to say a word which begins with the last letter of teacher word and then the process continue back and forth  |

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| PRETASK TITLE | Guiding to the topic |
| AIMS | MATERIALS |
| practice reading and remind experience  | ppt  |
| TIME | SET UP | STUDENTS | TEACHER |
| 1min |  | greeting answer the guiding questionsdo you usually have breakfast?what do you have for breakfast? orwhy do you skip breakfast?how about you when you empty stomach? | greetinggive guiding questions |
| 3mins |  | see the picture and follow read  | show the pictures and lead students to following read  |
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| TASK PREPARATION TITLE | word search |
| AIMS | MATERIALS |
| practice find out the words and fun  | ppt, worksheet, marker, whiteboard |
| TIME | SET UP | STUDENTS | TEACHER |
| 2mins |  | listening carefully about explaining and see the ppt and then receive the worksheet follow the instruction find the words relate with breakfast in worksheetICQcan you do this alone?  | explaining about word search activity and show the ppt and then hand out worksheetand the give instruction and ICQ |
| 12mins |  | discussing to find out words | during the discussing monitor students  |
| 2mins |  | after discussing , write the words on the boardCCQwhat do you find as breakfast? | after students wrote , match the words together and CCQ |
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| TASK REALISATION TITLE | gap fill |
| AIMS | MATERIALS |
| learning reading comprehensoin and fill the blank | worksheets, marker, white board ,ppt |
| TIME | SET UP | STUDENTS | TEACHER |
| 1min |  | receive the worksheet and listening the explaining and then follow the instructionfill the blank to the proper words in the worksheet | show the ppt,hand out worksheet and explaining what we will do and then give instruction so that discussing  |
| 16mins |  | discissing as group | moniter students |
| 2mins |  | after discuss, write the answer on the board  | check together |
| 2mins |  | read the article and answerCCQdo you skip breakfast to stay slim?  | give instruction so that read article and CCQ |

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| POST TASK TITLE | True&fale |
| AIMS | MATERIALS |
| find the right answer | ppt,  |
| TIME | SET UP | STUDENTS | TEACHER |
| 8mins |  | watch the ppt and read the question find the answer between T and F | show the ppt about questiongive instruction and read together to fine right answer  |
| 1min |  | have you fun todays activity ?do you have any question? | feedback |
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Worksheets, handouts and lesson materials





Article – breakfast helps girls stay slim

Worksheet

A newly **published** report says that girls should eat breakfast every day if they want to **stay** slim. Researchers from America’s Maryland Medical Research Institute **followed** the eating habits and **weight** of nearly 2,400 girls throughout their adolescence. This ten-year **period** is a time when “girls **put** on a lot of weight”, according to lead researcher Bruce Barton. The **conclusion** of the findings was that teenage girls who ate cereal for breakfast three times a week or more were more **likely** to stay slim.

A press **release** from the *Journal of the American Dietetic Association* reports that “cereal consumption had **positive** effects on the girls”. This is because cereals **contain** high levels of calcium and fiber and low levels of **fat** and cholesterol. The researchers **suggest** that there are other reasons why eating cereal may help girls stay slimmer. One **factor** is that other healthy things are usually **consumed** with cereal, such as milk and juice. Researchers also concluded that cereals help girls to get the right **amounts** of nutrients.

* A newly \_\_\_\_\_\_\_\_ report says that girls should eat breakfast every day if they want to \_\_\_\_\_\_\_\_ slim. Researchers from America’s Maryland Medical Research Institute \_\_\_\_\_\_\_\_ the eating habits and \_\_\_\_\_\_\_\_ of nearly 2,400 girls throughout their adolescence. This ten-year \_\_\_\_\_\_\_\_ is a time when “girls \_\_\_\_\_\_\_\_ on a lot of weight”, according to lead researcher Bruce Barton. The \_\_\_\_\_\_\_\_ of the findings was that teenage girls who ate cereal for breakfast three times a week or more were more \_\_\_\_\_\_\_\_ to stay slim.
* A press \_\_\_\_\_\_\_\_ from the *Journal of the American Dietetic Association* reports that “cereal consumption had \_\_\_\_\_\_\_\_ effects on the girls”. This is because cereals \_\_\_\_\_\_\_\_ high levels of calcium and fiber and low levels of \_\_\_\_\_\_\_\_ and cholesterol. The researchers \_\_\_\_\_\_\_\_ that there are other reasons why eating cereal may help girls stay slimmer. One \_\_\_\_\_\_\_\_ is that other healthy things are usually \_\_\_\_\_\_\_\_ with cereal, such as milk and juice. Researchers also concluded that cereals help girls to get the right \_\_\_\_\_\_\_\_ of nutrients.
* **1. TRUE / FALSE:** Look at the article and choice whether these sentences are true (T) or false (F):
* a. A new diet breakfast cereal has become popular with girls.
* T / F
* b. Researchers followed the eating habits of 2,400 girls for ten years.
* T / F
* c. Adolescence is not a time when girls put on weight.
* T / F
* d. Girls must eat cereal every day to stay slim.
* T / F
* e. Cereal consumption had positive effects on the girls.
* T / F
* f. Cereal is very high in cholesterol.
* T / F
* g. Milk and juice must be drunk with cereal for people to lose weight.
* T / F
* h. Cereal consumption helps girls get the right amounts of nutrients.
* T / F