|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | | | | | | | |
| TITLE | breakfast helps girls stay slim | | | | | | |
| INSTRUCTOR | | | | Ss’ LEVEL | AGE GROUP | No of Ss | LENGTH |
| Min | | | |  | 16 | 8 | 50mins |
| MATERIALS | | | | | | | |
| computer or laptopworksheetsmarker , white boardppt | | | | | | | |
| AIMS 1. | | students will practice to reading comprehension skills | | | | | |
| **2.** | | students will learn the vocabularies relate with the topic through activity | | | | | |
| LANGUAGE SKILLS | | | | | | | |
| Listening | | | other students ideas and instructions | | | | |
| Speaking | | | their own opinion during discuss and read the passage | | | | |
| Reading | | | article and worksheeis | | | | |
| Writing | | | fill the blanks of worksheet | | | | |
| **LANGUAGE SYSTEMS** | | | | | | | |
| Phonology | | | publish, weight, release, nutrient, conclusion, contain etc | | | | |
| Lexis | | | see phonology | | | | |
| Grammar | | | past and present tense | | | | |
| Discourse | | | during word search and fill the blanks | | | | |
| Functions | | | responding, discussing, | | | | |
| ASSUMPTIONS | | | | | | | |
| students already have experienced about topic | | | | | | | |
| ANTICIPATED GRAMMATICAL ERRORS AND SOLUTIONS | | | | | | | |
| Student cannot understand a few words about the article Provide the chance to use dictionary or ask other student in the same group and teacher | | | | | | | |
| REFERENCES | | | | | | | |
| http://www.breakingnewsenglish.com/0509/050910-breakfast.htmlhttp://www.esl-galaxy.com/wordsearch.htm | | | | | | | |
| NOTES | | | | | | | |
| planB shiritory- Teacher start by saying a word and the next student has to say a word which begins with the last letter of teacher word and then the process continue back and forth | | | | | | | |

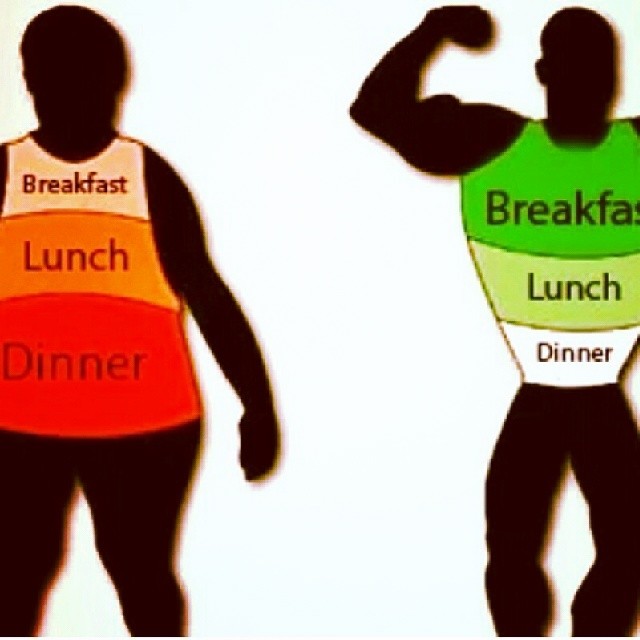
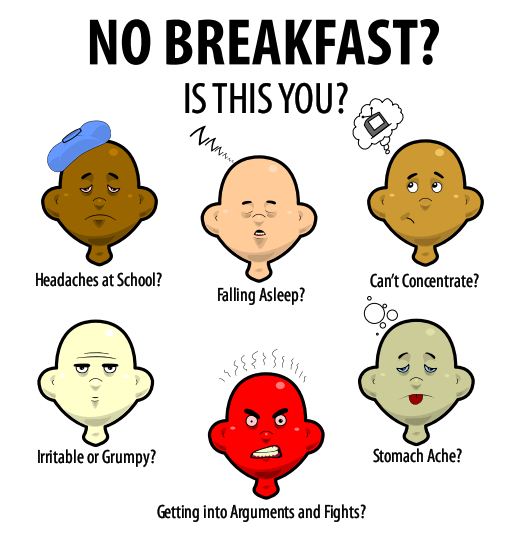
|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| PRETASK TITLE | | | Guiding to the topic | | |
| AIMS | | | | MATERIALS | |
| practice reading and remind experience | | | | ppt | |
| TIME | SET UP | STUDENTS | | | TEACHER |
| 1min |  | greeting  answer the guiding questions  do you usually have breakfast?  what do you have for breakfast? or  why do you skip breakfast?  how about you when you empty stomach? | | | greeting  give guiding questions |
| 3mins |  | see the picture and follow read | | | show the pictures and  lead students to following read |
|  |  |  | | |  |
|  |  |  | | |  |

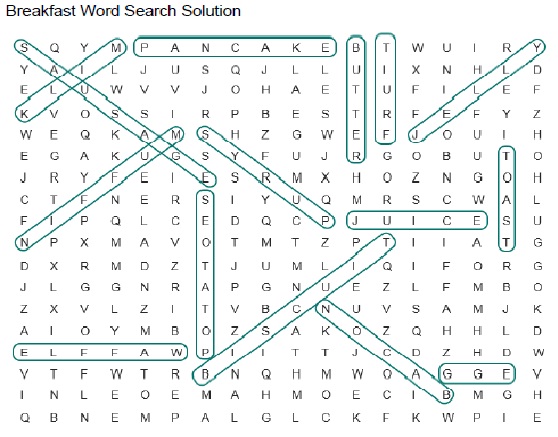
|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| TASK PREPARATION TITLE | | | word search | | |
| AIMS | | | | MATERIALS | |
| practice find out the words and fun | | | | ppt, worksheet, marker, whiteboard | |
| TIME | SET UP | STUDENTS | | | TEACHER |
| 2mins |  | listening carefully about explaining  and see the ppt and then receive the worksheet  follow the instruction  find the words relate with breakfast in worksheet  ICQ  can you do this alone? | | | explaining about word search activity and show the ppt and then hand out worksheet  and the give instruction and ICQ |
| 12mins |  | discussing to find out words | | | during the discussing monitor students |
| 2mins |  | after discussing , write the words on the board  CCQ  what do you find as breakfast? | | | after students wrote , match the words together and CCQ |
|  |  |  | | |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| TASK REALISATION TITLE | | | gap fill | | |
| AIMS | | | | MATERIALS | |
| learning reading comprehensoin and fill the blank | | | | worksheets, marker, white board ,ppt | |
| TIME | SET UP | STUDENTS | | | TEACHER |
| 1min |  | receive the worksheet and listening the explaining  and then follow the instruction  fill the blank to the proper words in the worksheet | | | show the ppt,hand out worksheet and explaining what we will do and then give instruction so that discussing |
| 16mins |  | discissing as group | | | moniter students |
| 2mins |  | after discuss, write the answer on the board | | | check together |
| 2mins |  | read the article and answer  CCQ  do you skip breakfast to stay slim? | | | give instruction so that read article and CCQ |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| POST TASK TITLE | | | True&fale | | |
| AIMS | | | | MATERIALS | |
| find the right answer | | | | ppt, | |
| TIME | SET UP | STUDENTS | | | TEACHER |
| 8mins |  | watch the ppt and read the question  find the answer between T and F | | | show the ppt about question  give instruction and read together to fine right answer |
| 1min |  | have you fun todays activity ?  do you have any question? | | | feedback |
|  |  |  | | |  |
|  |  |  | | |  |

Worksheets, handouts and lesson materials





Article – breakfast helps girls stay slim

Worksheet

A newly **published** report says that girls should eat breakfast every day if they want to **stay** slim. Researchers from America’s Maryland Medical Research Institute **followed** the eating habits and **weight** of nearly 2,400 girls throughout their adolescence. This ten-year **period** is a time when “girls **put** on a lot of weight”, according to lead researcher Bruce Barton. The **conclusion** of the findings was that teenage girls who ate cereal for breakfast three times a week or more were more **likely** to stay slim.  
  
A press **release** from the *Journal of the American Dietetic Association* reports that “cereal consumption had **positive** effects on the girls”. This is because cereals **contain** high levels of calcium and fiber and low levels of **fat** and cholesterol. The researchers **suggest** that there are other reasons why eating cereal may help girls stay slimmer. One **factor** is that other healthy things are usually **consumed** with cereal, such as milk and juice. Researchers also concluded that cereals help girls to get the right **amounts** of nutrients.

* A newly \_\_\_\_\_\_\_\_ report says that girls should eat breakfast every day if they want to \_\_\_\_\_\_\_\_ slim. Researchers from America’s Maryland Medical Research Institute \_\_\_\_\_\_\_\_ the eating habits and \_\_\_\_\_\_\_\_ of nearly 2,400 girls throughout their adolescence. This ten-year \_\_\_\_\_\_\_\_ is a time when “girls \_\_\_\_\_\_\_\_ on a lot of weight”, according to lead researcher Bruce Barton. The \_\_\_\_\_\_\_\_ of the findings was that teenage girls who ate cereal for breakfast three times a week or more were more \_\_\_\_\_\_\_\_ to stay slim.
* A press \_\_\_\_\_\_\_\_ from the *Journal of the American Dietetic Association* reports that “cereal consumption had \_\_\_\_\_\_\_\_ effects on the girls”. This is because cereals \_\_\_\_\_\_\_\_ high levels of calcium and fiber and low levels of \_\_\_\_\_\_\_\_ and cholesterol. The researchers \_\_\_\_\_\_\_\_ that there are other reasons why eating cereal may help girls stay slimmer. One \_\_\_\_\_\_\_\_ is that other healthy things are usually \_\_\_\_\_\_\_\_ with cereal, such as milk and juice. Researchers also concluded that cereals help girls to get the right \_\_\_\_\_\_\_\_ of nutrients.
* **1. TRUE / FALSE:** Look at the article and choice whether these sentences are true (T) or false (F):
* a. A new diet breakfast cereal has become popular with girls.
* T / F
* b. Researchers followed the eating habits of 2,400 girls for ten years.
* T / F
* c. Adolescence is not a time when girls put on weight.
* T / F
* d. Girls must eat cereal every day to stay slim.
* T / F
* e. Cereal consumption had positive effects on the girls.
* T / F
* f. Cereal is very high in cholesterol.
* T / F
* g. Milk and juice must be drunk with cereal for people to lose weight.
* T / F
* h. Cereal consumption helps girls get the right amounts of nutrients.
* T / F