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| **Topic: A Healthier Food : Fruits and Vegitables** |
| **Instructor:**  | **Level:**  | **Age:**  | **Number of Students:** | **Length:** |
| **Katie** | **Intermediate** | **10~** | **15** | **50 minutes** |
| **Materials:** * **Computer**
* **6 comprehension questions paper(Right order sentences)**
* **Markers and white board**
 |
| **Aims:*** **To practice and improve listening and speaking skills**
* **Be aware of vocabulary and expressions related to health**
* **Ss will be familiar with listening and speaking about new words and expressions**
* **Ss will learn discussion and to express their opinion form group work**
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| **Language Skills:*** **Listening: listening to Audio file and teacher’s instruction. Classmates’ ideas**
* **Speaking: participating in an activity, sharing ideas in a group and teacher’s questions**
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| **Language Systems:*** **Grammar: Right order sentences Game, Group discussion and check the answer with teacher**
* **Lexis: idioms, key vocabulary in the audio**
* **Discourse: asking and guessing from sentences and debating opinion**
* **Phonology: listening the audio and then speaking the main sentences or new one**
* **Function: sharing and discussing idea and opinion regarding subject**
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| **Assumptions:** |
| **Anticipated Errors and Solutions:*** **Ss may not know vocabulary words**

**-> Helping Ss to guess from context*** **If time is short**

 **-> Reduce the activity time and sharing one or two students’ opinion.*** **If the class finish earlier than expect**

**-> Asking to each other experiences with diet or what is the great way to diet?** **- If the article/CD is too difficult for Ss****-> Chunk the listening**  |
| **References:*** **Article at**

**<** [**http://www.breakingnewsenglish.com/1509/150917-obesity.html**](http://www.breakingnewsenglish.com/1509/150917-obesity.html) **>** |
| **Notes:** |

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| **Presentation: TTT** |
| **Aims: Warm-up and introduce topic** | **Materials: board and markers** |
| **Time** | **Set Up** | **Student**  | **Teacher** |
| **5min** | **whole class** | **Sit down** | **<Greeting>****Hello guys, how are you?****Write down the title on the board “Smaller plates help reduce obesity”****[ Eliciting ]** **Have ever been on a diet?****What is the most difficult thing you are successful about diet?****[Ss answer ; many kinds of delicious food or uncontrollable eating food]****Right, so we are going to talk about one of the way to successful diet.** **Listen to the article and talk again.** |
| **Notes:** |
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| **Practice:**  |
| **Aims: listen and comprehension work to understand about new words and expressions.****Grammar skill, Error collection** | **Materials: computer(Audio equipment), board and marker, 6 comprehension questions paper** |
| **Time** | **Set Up** | **Student**  | **Teacher** |
| **25 min** | **Whole class** | **Listen carefully and answer the questions****Pair work****With someone who next seating****Group work****Arranging seat for 2 groups** | **- Play the Audio****- After then ask the guide questions****\*Write on the board****1. According to article, What is helpful to diet successfully?****2. What is the benefit to use smaller plate?****-synonym****Plate/dish****- T/F****Using smaller plate,****a. We have a healthier food****b. Reduce the amount of food we eat.** **Dr. Gareth said****a.People need to help control themselves to eat too much.****b. people can control themselves.****[Right order sentence] – Grammar****Give the 6 paper****- Messy sentences in each paper****- Debate each other and make the right order sentence.****- After 5 minutes,****One of the student in each group write down the right order sentence on the board****- check the answer with teacher and other team** |
| **Notes:** |
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| **Production: Discussion** |
| **Aims: Speaking skill** | **Materials:**  |
| **Time** | **Set Up** | **Student**  | **Teacher** |
| **15 min** | **Pair work** | **Talk to each other with next seating** | **[ Giving Questions ]****- What is the best way to Diet?****- What kind of Diet did you done before?****- Can you control the amount of food you eat?**  |
| **Notes:** |
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| **Post Production:** |
| **Aims: Feedback, Homework, CCQs** | **Materials:** |
| **Time** | **Set Up** | **Student**  | **Teacher** |
| **5 min** | **Whole class** | **TTT and answer the questions** | **- How was the class?****- What is the new information from the article?****- Do you agree with this article? People are under the control to eating?****You did a great job today.****And next class, bring the opinion about this article. And then we will talk then start the class.****Ok, have a good afternoon!** |
| **Notes:** |