	Listening	Speaking	Grammar	Reading	
Title: Escape fr	rom reality				
Instructor Stella Seo	Level: Intermediate	-	Students: Adults		Length: 25 minutes
- 4 - 4	PPT 4 copies of the text, "Daydreaming" 4 copies of comprehension questions & discussion worksheets White board and markers				
- To di - To	b learn vocabularies b describe and write scussion activity b encourage Ss to th b practice skimming	e future ima hink about	ages 50 yeai	rs from no	ow through the and life in the future
	eading : reading tex peaking : answering			ng ideas v	with a partner
- Di	ns: exis: learning new v iscourse: sharing id unction: describing	leas and dis	scussing wit		nembers
at - Ss	s might know how t t each table) s might already kno s might have alreac	ow how to s	skim/scan fr	om previo	
- Ss	s and Solutions: s may be unfamiliar \$ Let them know th s might have difficu \$ The teacher provi	e meaning Ity answeri	s using fill-ir ng the discu	n-the-blan Ission que	k worksheet estions
	ww.e-future.co.kr ttps://www.youtube	e.com/watc	h?v=cLZg-g	fLgcI&fea	ture=player_embedded
Abbreviations: In (S); Students (Ss		P); Groups	(G); Whole	Class (W)); Teacher (T); Student

LEAD-IN			
Materials: N/	A		
Time	Interaction	Procedure	
2 min	T-S Whole class	<u>Greeting</u> Hello, everyone! Good to see you again. How was your weekend?	
		 Eliciting When you want to escape from reality, what do you want to do? 	
		 When you are studying, have you ever thought about anything else? (If Ss might have difficulty in answering, give them my example) 	
PRESENTATIO	DN		
Materials: PP	T slides, and we	orksheet	
Time	Interaction	Procedure	
3 min	Whole class	Last class, we learned and practiced skimming.	
		CCQ - Do you remember? - Can anybody tell me about skimming?	
		(Teacher points to one of the students and the student reads the sentence until he/she is told to stop.)	
		(The student who read can point to another student who has not read to read the following sentences.)	
		(Monitor discreetly. If Ss need some help, help them)	
2 min	Whole class	Key vocabulary practice <u>Guessing the words with the meanings</u> Before reading, we will first check the new vocabularies. I will write new words on the board and the students guess the correct meanings next to PPT.	
PRACTICE	1		

Time	Interaction	Procedure	
2 min	Whole class	InstructionNow, we will try to scan the text. As you know, scanning is searching for details while reading.When you scan, don't read every words, and don't stop when you see a word you don't knowRead quickly and stop only to find the information you are looking for.I will hand out a worksheet for everyone.	
		Pair up with your partner and find the answers of the comprehension questions by scanning the text. You have 3 minutes.	
		ICO - What are you supposed to do now? - Are you working alone?	
3 min	In pairs	With a partner, Ss read and answer the comprehension questions.	
		Afterwards, we check the answers together. Let them answer the questions.	
2min	Whole class	Before moving on to the main activity, let's talk about the discussion questions.	
		 What types of things do you commonly daydream about? Do you think that having a good imagination is important for success in life? 	
		Ss share their ideas (Pick some of Ss to answer the questions.)	
PRODUCTION			

Time	Interaction	Procedure
2 min	Whole class	InstructionWe're going to watch about future images.Isn't it exciting to imagine the future images with all the high technology?Look at this picture. This is future transportation, house, lifeI will show you very a stunning short video. (Search you-tube video)

5 min 3 min	In pairs Whole class	 We will talk about what the future life in the next 50 years. You have 5 minutes to talk. Describe your future life and share your ideas with partner. ICO How much time do you have? Do you work alone or in pairs? Let's get started. (Monitor discreetly. Answer Ss if they ask Qs) Ss tell each partner's ideas
		(positive feedback)
WRAP-UP		
Materials:		
Time	Interaction	Procedure
1 min	Whole class	Closing Good job, everyone CCO - Which reading skill have you learned today? - Did you understand everything from the text?

Reading

Daydreaming

How often do you catch yourself daydreaming? Daydreaming or <u>mind-wandering</u> is a state in which a person's thoughts are not related to what is happening around them. Daydreaming is usually a result of a lack of stimulation from our current situation and is a way for us to escape from the <u>boredom</u> of reality. It's common for our minds to wander during a certain teacher's class, for example, when taking the bus and walking on the street.

Many people view daydreaming as a waste of time. The expression 'daydreamer' has negative associations and is often used to refer to someone who is lazy, unmotivated and unproductive.

But, is daydreaming any worse than, let's say, being <u>absorbed in</u> a computer game, or a TV show? While some of that time is spent on a random thoughts, a lot of it is spent thinking about future plans such as things we need to do and how we are going to deal with future situations.

Being lost in your own world may actually have some benefits. It can help you to relax, deal with conflicts, maintain relationships and, surprisingly, even boost productivity! When we daydream, it is like taking a mini-vacation after which we come back to reality feeling refreshed. We can 'replay' these situations, thinking of better ways we could have handled them. A few minutes spent daydreaming can even renew our motivation for doing <u>mundane</u> tasks.

When we let our minds wander, we loosen the restrictions of our regular thoughts patterns. This can be a great time to come up with creative ideas and new ways of looking at situations.

After all, the first step towards achieving your goals is to visualize them as already being real. In this sense daydreams can actually become reality!

Comprehension questions

Read the text. Then for each statement, check () True, False

- 1. Daydreaming is a usually a way for us to escape from the boredom of reality. (T / F)
- 2. Mind- wandering always gives adverse affect the living of the people. (T / F)
- 3. 'Daydreamer' has negative associations. (T / F)
- 4. What does the passage not say are some of the benefits of daydreaming?
 - a. It can improve creativity and solution to problems.
 - b. Thinking about them can be helpful to maintain good relationships.
 - c. We come back to reality feeling refreshed.
 - d. Daydreaming involves thinking back over situations that turned out badly.
- 5. According to the passage, in what kinds of situations does not daydreaming occur?
 - a. Teacher's class
 - b. When walking on the street
 - c. While you were sleeping
 - d. Before going to bed

Discussion questions

- 6. What types of things do you commonly daydream about?
- 7. Do you think that having a good imagination is important for success in life?

New vocabulary				
The lecture became monotonous and my <u>mind wander ed</u> .				
 We played cards to relieve the <u>boredom</u> of the long wait. 				
• The children were <u>absorbed</u> in that exciting story.				
 Sam wants to escape from her life. 				





Living in a fantasy world

In this activity, you need to use your imagination to make some predictions about the future.

With a partner, look at the categories in the worksheet.

Try to imagine some possible developments in the next 50 years.

50 years from now	me	partner
Transportation		
Housing		
Communication		
Lifestyle		
School		
Dating / marriage		

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