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| Listening  Speaking █ Reading  Grammar  Writing |
| **Topic: Rhythmic gymnastic** |

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| Instructor:  Dian | Level:  **Beginner** | Students:  **17** | Length:  **20 Minutes** |

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| Materials:   * Images (marathon, rhythmic gymnastics) * Material (sample of first matching word and meaning) * Worksheet (attached below) * Pronunciation card (Rhythmic, Gymnastics) * Article (Attached below) * Worksheet * Worksheet of Olympic sports * Word Scramble |

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| Aims:  Main Aim – Enabling SS to improve their Reading skills by having SS reading about rhythmic gymnastics.  Secondary Aim – SS will practice reading skill by having SS matching words, reading article and answering questions and finding interesting sport of Olympics.  Personal Aim – I want to adjust my speaking pace and teaching pace to the level of the learner. I want to improve on my C.C.Q. |

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| Language Skills:  Speaking – SS will speak worksheet, answer & sports name  Writing – SS will write answer the questions (main-activity) & sport (post-activity).  Listening – SS will listen to other’s speaking and answers.  Reading – SS will read worksheet, article & sports name. |

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| Language Systems:  Lexis – Rhythmic, Gymnastic, Apparatus  Phonology – [**|**rɪðmɪk], [dƷɪm**|**nӕstɪks], [**|**ӕpə**|**rӕtəs]  Grammar – None to discuss  Function – None to discuss  Discourse – If we were Son Yeon-Jae… |

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| Assumptions:  Most SS know about rhythmic gymnastics.  Most SS know Olympic sports.  Most SS have experience of sport exercising and desire to do it.  Most SS have curiosity about if they can be someone. |

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| Anticipated Problems and Solutions:  SS can’t know correct word meaning of rhythmic gymnastics.   * Teacher teaches meanings.   Post-activity will take longer time than a plan   * Teacher prepares the answer of matching word to shorten time.   SS can hesitate to apply themselves to Son Yeon-Jae.   * Teacher shows example first.   SS can’t know name of Olympic sports.   * Teacher explain some unpopular sport name. |

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| References:  Images : Google images  Article : http://korcan50years.com/ |

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| **Lead-In** | | | |
| Materials:   * Loud voice | | | |
| Time | Set Up | Student Activity | Teacher Talk |
| 1min | T-WC | Greetings and casual discussion | Hello everyone.  Jiyoon, what is your favorite TV show?   * Can you introduce it?   Anne, what was your favorite subject?   * Then, what was your weakest subject?     Thank you for sharing together. |

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| **Pre-Activity** | | | |
| Materials:   * Images (marathon, rhythmic gymnastics) * Material (sample of first matching word and meaning) * Worksheet (attached below) * Pronunciation card (Rhythmic, Gymnastics) | | | |
| Time | Set Up | Student Activity | Teacher Talk |
| 6 min | T- SS  T- WC  T  T- WC  SS- SS  SS  T- WC  T-WC | Follow up teacher’s eliciting  Check the concept  Grouping  Check Demo  Check the instructions  Finding correct answer  Matching correct answer  Ask confusing sentence  Finish the activity | Eliciting   * What do we call a sport which is needed to play music together? This sport is using various tools? Rhythmic Gymnastics. * Put the pronunciation card and let SS speak it.   CCQ   * Show the picture of ‘marathon’ then ask SS; Is this a rhythmic gymnastics? No. It’s marathon. * Show the picture of ‘rhythmic gymnastics’ then ask SS; Is this a rhythmic gymnastics? Yes.   Grouping   * Okay, we will make pair like Jenny & Lucy, you are one team. Angela & Juny, you are one team. * (Make other team in this way.) Now, we are all 8 pairs.   Demonstration   * (Put material to the board) Let’s check this. * (Read the passage) the equipment, such as tools and machines, which is used to do a particular job or activity. What is this? Apparatus. Right.   Instructions   * Like this, match the word to meaning in 3 min with pair.   ICQS   * What are we doing now? Matching word * Are you doing individually? No. * Then, pair? Yes. * So, how much time do we have? 3 min   Explicit Instruction   * Please start together when I say ‘Begin’.   Explicit ICQs   * Will you start once get the worksheet? No * When I say ‘Begin?’ Yes   Run   * Give 3 min to SS and inform how much time left. (e.g. 1 min left) * Monitor SS’ writing and give 1 more min depends on SS’ checking. * Sarah, what do you think word number 2 is matching with? Ask other word to SS. * Check the answer and show the correct answer to the board.   Close   * Have you any question? No * Let’s move to next stage. |

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| **Main Activity** | | | |
| Materials:   * Article (Attached below) * Worksheet | | | |
| Time | Set Up | Student Activity | Teacher Talk |
| 9min | T- SS  T  SS  T- WC  T- WC  T- SS  T- SS  T- SS  T- WC | Check the instructions  Play  Creative grouping  Check Demo  Check the instructions  Answer the questionss  Finish the activity | Instruction   * Who is the famous player for rhythmic gymnastics? Son Yeon-Jae. Right. Here is an article of her. Let’s read individually in 3 min.   ICQS   * What are we doing now? Reading article. * Are you doing in group? No. * Individually? Yes * How much time we have? 3 min.   Explicit instruction   * Please don’t touch when I say ‘begin’.   Explicit ICQs   * Will you touch the news when you get it? No. * When I say ‘begin’? Yes   Run   * Let SS read the article (attached below) for 3 min and inform SS left time.   Creative grouping   * Time’s up! What is Son Yeon-Jae’s event? Rhythmic gymnastics. From the first student, say ‘rhyth / mic / gym / nastics’ * Who said ‘rhyth’? You are one team and move to here. Who said ‘mic’? You are one team and move to here. Who said ‘gym’? You are one team and move to there. Who said ‘nastics’? You are one team and move to there.   Demonstration   * (Put material to the board) Let’s check this. * (Read the passage) When & where was this article written? 2014/ Lisbon, Portugal/ FIG World Cup. Right.   Instructions   * Like this, you will answer the question in worksheet as team in 3 min.   ICQS   * What are we doing? Answer the question in worksheet. * Are we doing it individually? No. * In group? Yes * How much time do we have? 3min.   Explicit Instruction   * Please start together when I say ‘begin’   Explicit ICQs   * Will you start once you get the worksheet? No. * When I say begin? Yes   Run   * Let SS give 3 min. * Monitor SS’ writing and inform how much time left. (e.g. 1 min left) * Time’s up! Let’s check. This team, would you answer the number 1 to 3? Other team would you answer the number 4?   Close   * Have you any question? No * Thank you for sharing your stories. |

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| **Post Activity** | | | |
| Materials:   * Worksheet of Olympic sports * Word Scramble | | | |
| Time | Set Up | Student Activity | Teacher Talk |
| 4 min | T- SS  T- SS  T- WC  SS  T- WC | Check Demo  Check the instructions  On Activity  Error Correction  Finish | Demonstration   * Do you have any interesting sport of Olympics? I have an interest to Curling. When I watch the game, I really want to try to slide the curling stones to the target well. I want to feel how it difficult is.   Instruction   * Like this, please choose one unpopular sport and make a reason why you want to do it individually in 2 min.   ICQS   * What are we doing? Choose one sport which want to try and make a reason * Are we doing it in group? No. * Individually? Yes * How much time do we have? 2min   Explicit Instruction   * I will give you list of Olympic sports and you can write back side of the paper. * Please start together when I say ‘begin’.   Explicit ICQs   * You can check the name of sports on the paper? Yes * Will you start one you get the paper? No * When I say begin? Yes   Run   * Let SS give 2 min. * Monitor SS’ writing and inform how much time left. (e.g. 1 min left) * Time’s up! Pick one team to present   Close   * Have you any question? No * Put the materials of scrambled word –Apparatus then let SS correct the words. * Thank you for participation. |
| **SOS Activities** | | | |
| Materials:   * Big movement | | | |
| Time | Set Up | Student Activity | Teacher Talk |
| 1-2  min | T- WC  T- SS | Check the instruction & demo  On Activity | Instruction   * (Show SS how to play Synchronized Swimming) What do we call this kind of sport? Synchronized Swimming. Right. * Let’s guess what I’m trying to express.   Run   * Show sports movement to SS then let SS to guess it   Close   * Thank you for gussing.. |

Worksheet for Pre-Activity

Apparatus – The equipment, such as tools and machines, which is used to do a particular job or activity.

Rope – It may be made of hemp or a synthetic material which retains the qualities of lightness and suppleness

Clubs – It built along an internal rod, providing a base on which a handle made of polyolefin plastic is wrapped, providing an airspace between it and the internal rod.

Hoop – The interior diameter is from 51 to 90 cm, and it must weigh a minimum of 300g

Ball – It is made of either rubber or synthetic material (pliable plastic) provided it possesses the same elasticity as rubber

Ribbon – It is made of satin or another similar material cloth of any color, it may be multi-colored and have designs on it.

Ballet – It is a type of performance dance that originated in the Italian Renaissance courts of the 15th century and later developed into a concert dance form in France and Russia.

Gymnastics – It is a sport involving the performance of exercises requiring strength, flexibility, balance and control. Internationally, all events are governed by the Fédération Internationale de Gymnastique (FIG).

Dance – It is a performance art form consisting of purposefully selected sequences of human movement.

Music – It is an art form and cultural activity whose medium is sound and silence.

Son Yeon-Jae – A member of the South Korean national gymnastics team, based in Taereung, Seoul.

Medal – It is a small, flat, and round (at times, ovoid) piece of metal that has been sculpted, molded, cast, struck, stamped, or some way marked with an insignia, portrait, or other artistic rendering.

Olympic – It is an international multi-sport event held since 1896

**Korean Gymnast, Son Yeon-Jae Makes the History of Rhythmic Gymnastics**

BY SUNMINN0925 ON APRIL 9, 2014

Son Yeon-Jae wrote a brand new chapter in the history of Korean rhythmic gymnastics, she carried home 4 gold medals (ribbon, ball, clubs, individual overall) and 1 bronze medal (hoop) at the 2014 FIG World Cup Circuit in Lisbon, Portugal on Saturday.

Son Yeon-Jae has competed in 4 different apparatus including hoop, ball, clubs and ribbon, she showed a different style of music for each apparatus so that the spectators could enjoy a variety of performances.

She performed her ribbon program to ‘Bahrain’ and received a mark of 17.150 and finished first, leaving a very strong impression.

Son Yeon-Jae also placed first by receiving 17.450 points in clubs program performing to ‘Luna Mezzo Mare’, meaning “moon that appeared upon the sea” by Patrizio Buanne. The mixture of music with her performance gave the feeling of fun and happiness.

Once again, she ranked first in ball program performing along to ‘You Don’t Give Up on Love’ by Russian composer, Mark Minkov and received a mark of 17.500 points. The lovely piano melody of the music definitely stood out and it was perfect to show the beautiful, elegant form of the program.

Son also performed her hoop program to ‘Don Quixote’ by Austria’s violin virtuoso Léon Minkus and placed third by receiving 17.500 points. She chose this piece of music, because she likes ballet music and wanted to show a classic performance as well.

Lastly, she scored a total of 71.200 points and brought an overall gold medal ahead of the silver medalist, Melitina Staniouta.

Son finished fifth at 2012 London Olympics, however she has been showing a rapid improvement as she competed in multifarious international competitions and she is looking forward to win an Olympic medal at the 2016 Rio de Janeiro Olympics. She stated “I have been competing in more international competitions than before and I think that the quality of my performance is becoming more consistent as I gain the weight of experience.”

Worksheet for Main-Activity

1. What were the programs Son Yeon-Jae performed in 2014 FIG World Cup Circuit?
2. How many medals she got in 2014 FIG World Cup Circuit? Color and quantity
3. What was the program she played with ‘Don Quixote’ by Austria’s violin virtuoso Léon Minkus and how much point she got?
4. If your team were Son Yeon-Jae & coach, which one of you would be Son Yeon-Jae for FIG World Cup? Please choose one student, apparatus & clothing. (draw it below)

Worksheet for Post-Activity

**Summer**

* [[http://www.olympic.org/Assets/KLP/sports%20picto/ico22.png](http://www.olympic.org/archery)Archery](http://www.olympic.org/archery)
* [[http://www.olympic.org/Assets/KLP/sports%20picto/ico24.png](http://www.olympic.org/athletics)Athletics](http://www.olympic.org/athletics)
* [[http://www.olympic.org/Assets/KLP/sports%20picto/ico26.png](http://www.olympic.org/badminton)Badminton](http://www.olympic.org/badminton)
* [[http://www.olympic.org/Assets/KLP/sports%20picto/ico28.png](http://www.olympic.org/basketball)Basketball](http://www.olympic.org/basketball)
* [[http://www.olympic.org/Assets/KLP/sports%20picto/ico30.png](http://www.olympic.org/beach-volleyball)Beach Volleyball](http://www.olympic.org/beach-volleyball)
* [[http://www.olympic.org/Assets/KLP/sports%20picto/ico32.png](http://www.olympic.org/boxing)Boxing](http://www.olympic.org/boxing)
* [[http://www.olympic.org/Assets/KLP/sports%20picto/ico36.png](http://www.olympic.org/canoe-slalom)Canoe Slalom](http://www.olympic.org/canoe-slalom)
* [[http://www.olympic.org/Assets/KLP/sports%20picto/ico34.png](http://www.olympic.org/canoe-sprint)Canoe Sprint](http://www.olympic.org/canoe-sprint)
* [[http://www.olympic.org/Assets/KLP/sports%20picto/ico38.png](http://www.olympic.org/cycling-bmx)Cycling BMX](http://www.olympic.org/cycling-bmx)
* [[http://www.olympic.org/Assets/KLP/sports%20picto/ico40.png](http://www.olympic.org/cycling-mountain-bike)Cycling Mountain Bike](http://www.olympic.org/cycling-mountain-bike)
* [[http://www.olympic.org/Assets/KLP/sports%20picto/ico42.png](http://www.olympic.org/cycling-road)Cycling Road](http://www.olympic.org/cycling-road)
* [[http://www.olympic.org/Assets/KLP/sports%20picto/ico44.png](http://www.olympic.org/cycling-track)Cycling Track](http://www.olympic.org/cycling-track)
* [[http://www.olympic.org/Assets/KLP/sports%20picto/ico46.png](http://www.olympic.org/diving)Diving](http://www.olympic.org/diving)
* [[http://www.olympic.org/Assets/KLP/sports%20picto/ico52.png](http://www.olympic.org/equestrian-dressage)Equestrian / Dressage](http://www.olympic.org/equestrian-dressage)
* [[http://www.olympic.org/Assets/KLP/sports%20picto/ico50.png](http://www.olympic.org/equestrian-eventing)Equestrian / Eventing](http://www.olympic.org/equestrian-eventing)
* [[http://www.olympic.org/Assets/KLP/sports%20picto/ico48.png](http://www.olympic.org/equestrian-jumping)Equestrian / Jumping](http://www.olympic.org/equestrian-jumping)
* [[http://www.olympic.org/Assets/KLP/sports%20picto/ico54.png](http://www.olympic.org/fencing)Fencing](http://www.olympic.org/fencing)
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* [[http://www.olympic.org/Assets/KLP/sports%20picto/ico57.png](http://www.olympic.org/wrestling-greco-roman)Wrestling Greco-Roman](http://www.olympic.org/wrestling-greco-roman)

**Winter**

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* [[http://www.olympic.org/Assets/KLP/sports%20picto/ico61.png](http://www.olympic.org/biathlon)Biathlon](http://www.olympic.org/biathlon)
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handout for Pre-Activity

1) Apparatus

2) Rope

3) Clubs

4) Hoop

5) Ball

6) Ribbon

7) Ballet

8) Gymnastics

9) Dance

10) Music

11) Son Yeon-Jae

12) Medal

13) Olympic

a) It is a small, flat, and round (at times, ovoid) piece of metal that has been sculpted, molded, cast, struck, stamped, or some way marked with an insignia, portrait, or other artistic rendering.

b) It is made of either rubber or synthetic material (pliable plastic) provided it possesses the same elasticity as rubber

c) The interior diameter is from 51 to 90 cm, and it must weigh a minimum of 300g

d) It may be made of hemp or a synthetic material which retains the qualities of lightness and suppleness

e) A member of the South Korean national gymnastics team, based in Taereung, Seoul.

f) It is an international multi-sport event held since 1896

g) It is a type of performance dance that originated in the Italian Renaissance courts of the 15th century and later developed into a concert dance form in France and Russia.

h) It is a sport involving the performance of exercises requiring strength, flexibility, balance and control. Internationally, all events are governed by the Fédération Internationale de Gymnastique (FIG).

i) It is made of satin or another similar material cloth of any color, it may be multi-colored and have designs on it.

j) The equipment, such as tools and machines, which is used to do a particular job or activity.

k) It is a performance art form consisting of purposefully selected sequences of human movement.

l) It is an art form and cultural activity whose medium is sound and silence.

m) It built along an internal rod, providing a base on which a handle made of polyolefin plastic is wrapped, providing an airspace between it and the internal rod.