**< Appendix 1 >**

|  |  |  |  |
| --- | --- | --- | --- |
|  |  |  |  |
|  |  | **http://www.webexhibits.org/butter/i/full/cooking.jpgBUTTER** | **http://i247.photobucket.com/albums/gg158/MDA2008/MDA2010/coldcuts.jpgMEAT** |
| **http://www.foodsafetynews.com/peanut-butter-blob-406.jpgPEANUT BUTTER** | **http://upload.wikimedia.org/wikipedia/commons/d/d0/Strawberry_jam_on_a_dish.JPGJAM** | **http://ewpopwatch.files.wordpress.com/2009/03/bacon_l.jpgBACON** | **http://newspaper.li/static/5330f5d3b3140f83626ceb474b247b7a.jpgCUCUMBER** |
| **FLOUR**  C:\Users\admin\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\958EFE8X\All-Purpose_Flour_(4107895947)[1].jpg | **SUGAR**  C:\Users\admin\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\RIBVMU70\Demerara_sugar-1[1].jpg | **CHOCOLATE**  C:\Users\admin\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\RIBVMU70\Chocolate02[1].jpg | **MILK**  C:\Users\admin\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\RTKDFBH4\glass-of-milk[1].jpg |

**< Appendix 2 >**

* **sandwich**

|  |
| --- |
| **Take two slices of bread.** |
| **Spread the butter thinly on one side of them.** |
| **Put one slice of cheese on the bread.** |
| **Put ham on top of the cheese.** |
| **Arrange one slice of cucumber and one slice of tomato on the ham.** |
| **Place the remaining slice of bread on top.** |
| **Cut the sandwich into two and serve.** |

* **Chocolate cake**

|  |
| --- |
| **Preheat the oven to 180°C.**  **Add all the ingredients in a medium sized bowl.**  **Mix with an electric mixer for about 2-3 minutes or until the mixture is smooth.**  **Line a 20cm round cake tin with baking paper.**  **Pour the cake mixture into the tin.**  **Bake for approximately 45 minutes.**  **When you remove the cake from oven, let it cool in the pan for about five minutes. Leave to cool on a rack.** |

**<Appendix 3>**

**\* My favorite recipe :**

**\*Ingredients :**

**\*Steps :**

**1.**

**2.**

**3.**

**4.**

**5.**

**6.**

**7.**

**8.**

**9.**

**10.**

**<Appendix 4>**

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