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| ■ Listening □ Speaking □ Reading □ Grammar □ Writing |
| **Topic: Jet lag** |

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| Instructor:  **Mijin Kim (Marcia)** | Level:  **High-intermediate** | Students:  **12** | Length:  **50 Minutes** |

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| **Materials:**   * Listening CD & CD Player (about 2'30") * Projector or TV * Universal time zone picture. * Listening worksheet (12 copies) * White board and board markers |

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| **Aims:**   * To learn about jet lag by listening the audio file and answering questions * To learn about universal time zone by doing a matching worksheet, listening to the teacher's explanation, answering concept questions and seeing universal time zone picture. * To practice listening by listening real-life talk. * To practice speaking by discussing with partner. |

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| **Language Skills:**   * Reading: listening worksheet * Listening: a classroom discussion between a professor and students in a psychology class, teacher's explanation about new vocabulary and partner discussion. * Speaking: answer the guiding question and partner discussion. * Writing: details (dictation) |

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| **Language Systems:**   * Function: Discussion in a class * Discourse: Discussion with partner |

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| **Assumptions:**   * Students know what jet lag is. * Most students have had experience of jet lag * Students know the teacher's style of teaching and the pace of the course. * Students speak with few inaccuracies. |

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| **Anticipated Errors and Solutions:**   * Students may have different pace in listening   → Follow the task-feedback circle: let them listen to the audio file again until they get the gist of the content   * Students may not have experienced in jet lag.   → Ask to students who have experienced in jet lag about what they felt and how they dealt with. |

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| **References:**   * How to prepare for the TOEFL / Model test 8 #35~38 * http://www.dictionary.com |

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| **Lead-In** | | | |
| Materials: **Board and Markers** | | | |
| Time | Set Up | Student Activity | Teacher Talk |
| 5mins | Whole Class |  | Hello everyone, how are you today?  How many of you have traveled abroad?  (Ss raise their hands)  What country you have traveled?  (Let Ss talk about their travel)  Have you ever experienced jet lag?  Let's talk about jet lag today and discuss how to deal with it. |

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| **Pre-Activity** | | | |
| Materials: **Board and Markers, Pictures of Universal Time Zone** | | | |
| Time | Set Up | Student Activity | Teacher Talk |
| 10mins  3mins  2mins | Whole Class  Pair  Whole Class | Discussion | Show to Ss Universal Time Zone picture.  Explain how to calculate time difference between two countries.  (For example, Korea and USA)  Ask to Ss the time difference between the country they traveled and Korea.  Let Ss talk about flight meal and alcohol if it is helpful or not for their travel.  You have 3 minutes.  Monitor discreetly. Answer students if they ask questions.  Give time warning: 30 seconds left.  Be flexible with time. Give 1 more minute if they need it.  Ask 2 or 3 students about their opinion for flight meal. |

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| **Main Activity** | | | |
| Materials: **CD & CD player, Listening Worksheet, Board and Markers** | | | |
| Time | Set Up | Student Activity | Teacher Talk |
| 5mins  5mins  3mins  5mins | Whole Class  Individually  Individually  Whole Class | Fill in the blanks  Answer the work sheet. | **1. Listening for the Main Idea**  (general understanding)  INSTRUCTIONS  Put your pens down. Close your eyes. Listen to the conversation.  (play CD)  **2. Listening for Details**  INSTRCTIONS  Now listen to the conversation again, and try to take notes during listening. (distribute the work sheet and write summarized blank fill on the board)  Do you need to listen again?  → Yes: play again  → No: let Ss answer the work sheet.  Give 3 more minutes to finish the work sheet.  Check the answer as a whole class after the representatives fill out the blank.  Listen to the conversation one last time. |

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| **Post Activity** | | | |
| Materials: **N/A** | | | |
| Time | Set Up | Student Activity | Teacher Talk |
| 3mins  5mins  2mins | Whole Class  Pair  Whole Class | Discussion | **1. Free Production**  INSTRUCTIONS  How can you deal with jet lag? Why?  Discuss with your partner.  You have 3 minutes.  Monitor actively and participate within each pair  Share Ss' opinions  Take 2~3 volunteers if running out of time.  **2. Conclude Lesson**  We have learned about jet lag today.  I hope this helps you for your future travel.  Good job today. See you guys tomorrow! |