Learning other language can be very frustrating. I can still clearly remember the first day of my English as a second language class I was overwhelmed and stressed. Although ESL was new to me, since I was not taking English class out of my own needs and interest, I don’t remember much learning. The reason why I learned English in the beginning was my parents told me to. When I was in the U.S. I usually hanged out with Koreans, and did not practice English. Most important factor of learning foreign language is how much you are willing to learn. It is important because someone can force you to go to academic school but no one can force you to learn and memorize language for you. Therefore, you need to be desperate, and when you are determined to learn other language people will spend their time and effort to practice their language skills.   
 In my experience, learning foreign languages in a traditional class environment is less effective. In Korea rather you are old or young learning English is common. I was also one of them; I started to learn English in 3rd grade after class I went to private educational institute. They taught us in a traditional classroom where teachers are centered. Educators tried hard to engage us to learn and to participate, such as asking questions or asking us to read textbooks but it was not helpful. Also, the lectures were verbally given or visually written down and students took notes. For example, instructors will read the textbook and we will listen and repeat or they will write important callouts for the students to manually write down on their notes. Once in a while we took quizzes or tests based on what we have learned and for the test I have memorized hundreds of new vocabularies. Time to time, they will play music to entertain us but even with these activities we had to memorize all the lyrics and sang in front of class or take tests. For reference, my grade was not good. Although instructors that I have learned in Korea did help me to be exposed to English, learning English in traditional classroom was not helpful but rather boarding.  
 To learn foreign languages in effective ways, first of all having a strong motivation. Having a strong motivation is very important. When I moved to the U.S. to study, I was already aware and exposed to some English. Since I was not there in my own will and did not felt of a needing to learn, my English have not improved for about a year. Also, learning other languages in modern classroom is most effective. I personally agree with Stephen Krashen's theory. In his statement, when a class is focus on communicating, adults can acquire language just like children. When people are exposed to the language not only it will help them to learn, but also help them to easily pick up foreign languages. After staying in the U.S. about a year, most of my Korean friends moved back to Korea, this was when I really tried to learn English. I practice my English in classes with Arab friends and tried to attend lot of the events that was hosted from school. Most of all, I tried hard to expose myself to hear and speak English. For example, since I am visual, auditory, and kinesthetic learner, these three ways of learning modality helped me to learn English. For a visual modality I would watch *The little mermaid* over and over again till I memorized all the scripts. For auditory learning, I would listen to Harry Potter audiobooks day and night and even to bed. To actively learn, I would ask more questions to instructors and go to tutoring center to get helped. Also, I made lots of American friends and went to their parties and sometimes they will help to correct my English. In my experience, no matter how good the methods or the instructors are if you don’t put any time and effort in, you will have hard time learning.  
 To sum up, the best way to learn other languages is having a desire of learning other languages. To learn foreign languages you need to actively involve yourself in to classes and other environments that will help you improve your language skills. Most people have trouble learning other languages because they are afraid of making mistakes. However, people learn from their mistakes. Also, force yourself into positions and places that will help you speak and write foreign languages. Above all, do not get discourage have confidence and keep trying and practice.