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| ☐ Listening ☐ Speaking ☐ Reading ☐ Grammar ☐ Writing |
| **Topic: Obesity** |

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| Instructor:  Yeji Song | Level:  **High-Intermediate** | Students:  **4** | Length:  **40mins** |

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| Materials:  Worksheet  Youtube video  Teacher  Whiteboard |

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| Aims:   1. To learn vocabulary related to obesity 2. Students will be able to discuss the topic based on their experiences. 3. Students will be able to speak in a role play and discussion. 4. To practise reading for detailed information |

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| Language Skills:  Speaking : Discuss the topic with the right pronunciation and intonation  Writing : Students could fill in the blank  Listening : Watching the video and teacher’s examples  Reading : Worksheet, vocabulary |

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| Discourse : Discuss on obesity in pairs  Grammar :  Lexis : vocabulary related to Obesity  Phonology : Correct pronunciation and intonation of vocabulary given  Function : Understanding obesity |

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| Assumptions:   1. Students may know basic vocabulary since the material is for high-intermediate. 2. Students may have no problem with understanding different tenses. 3. Students may know how the class goes and is set up. 4. Students may know how serious obesity is nowadays. |

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| Anticipated Errors and Solutions:   1. Students may not know some words   >> take some examples to get them understood.  2. Students may now have experienced obesity or there are no one who is suffering  from the same issue.  >> explain how serious it is by saying the percentage.  3. Students may take a bit longer to finish their tasks.  >> depends on time left, cut the time and explain the task with students as go or give more time. |

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| References:  <https://www.youtube.com/watch?v=fk6qlHSp1z4>  https://www.teachingenglish.org.uk/sites/teacheng/files/Overweight%20Britain%20lesson%20plan.pdf  https://www.prevention.com/weight-loss/diets/boost-metabolism-high-metabolism-diet |

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| **Pre-task** | | | |
| Materials:  Youtube video clip  Teacher | | | |
| Time | Set Up | Student Activity | Teacher Talk |
| 1mins  2mins  2mins | Whole class | Listen to the teacher    Watch the video clip  Listen to the teacher | **Greeting**  T: Hello, everyone? How are you going? I am happy to meet you guys with a new lesson. Before we get into it, I would like to show you a short video clip as a awareness of today’s topic. Are you ready?  **Watch the video clip for background information**  (Students watch the video)  T: Right, did you get something? So what do you think it is the today’s topic?  ( Ss will say obesity)  As we all know, obesity is on the rise in many countries with adult obesity 60% and child obesity around 33% in the UK. Obesity means the condition of being overweight in a way that is dangerous for health.  I am going to go over this topic but before that, let’s learn some vocabulary which are related to it.  CCQ)  What is the key point of the topic?  Did students understand what we are going to learn? |

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| **Task Preparation** | | | |
| Materials: Worksheet  White board | | | |
| Time | Set Up | Student Activity | Teacher Talk |
| 7 mins | whole class | Listen to the teacher | T: So here are some vocabulary that you might not know. It is very important to know the meaning of the word and we are going to go over one by one.  Here you can see the first one.  Could you repeat after me? “Creep up”  ( Students have to read out loud the meaning since reading lesson can be boring and teacher gives proper reaction to students to encourage them to participate in the class)  CCQ)  Do you work alone?  How much time do you have? |

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| **Task Realization** | | | |
| Materials: Reading worksheet  Teacher( gestures)  White board | | | |
| Time | Set Up | Student Activity | Teacher Talk |
| 25mins | whole class  work in pairs | Listen to the teacher  Discuss the answer and share their opinions | **Discussion and question and answer sessions**  T: Okay it’s time for us to have a look at the main worksheet. I am going to read out loud the first paragraph.  I want A to read out loud the first paragraph ( this way the student who read out loud and the rest of them can focus on reading)  there is a question that “What are we going to be talking about? why do we need to be aware of the danger of obesity” I want you to work in a pair and discuss this question with your partner and we are going to share our opinion  ( Ss do discussion)  T: Alright, times up, would you guys share what conclusion you have drawn ?  Do the rest of paragraph and explain the words if students don’t know using whiteboard.  CCQ)  Do you work individually or in pairs?  Are you following the topic?  How much time do you have? |

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| **Post Activity** | | | |
| Materials: Worksheet | | | |
| Time | Set Up | Student Activity | Teacher Talk |
| 8mins | Work  individually | fill out the questionnaire | **Filling out questionnaire**  T: I want all of you to check up the list for your health. If there are more than 2 marks that means there is a possibility that you can get obesity !  ( Ss fill out the form)  Alright, if everyone is ready! We are going  to share our results.  CCQ)  Are you working in groups?  What are you supposed to do? |

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| **SOS Activity** | | | |
| Materials: Worksheet | | | |
| Time | Set Up | Student Activity | Teacher Talk |
| 8mins | Individually | gap filling activity | T: Time for us to review what we have learnt today. There is a gap filling worksheet at the end and I want you to fill out all of them.  ( Ss do gap filling)  Feedback  T: Have you enjoyed today’s lesson and had any questions?  CCQ)  Are you working in groups? |