1. Flash cards for Vocabulary

picky	liking	home-cooked
satisfying	go-to	minimal
warmth	boost	teat

2. Flash cards for Key Expressions

Compared to someone of	Be a particularly~	be not to one's liking
one's go to	the challenge of ~ing	even with
every so often	every so often	the perfect+N+to+V

Bingo game

A person who make 4 rows first will win.				
Fill the below blanket using today's vocabulary.				
picky	liking	home-cooked	satisfying	
go-to	minimal	warmth	boost	teat

Are You a Picky Eater?

I don't think I am a particularly picky eater. Compared to some of my friends, I am very adventurous eater. I like eating all kinds of foods, and I love trying new flavors. But there are a few tastes that I just don't like. For example, when I visited Korea, I tried Sun-dae, but the taste was not to my liking. But everything else that I ate during my trip was absolutely delicious. The foods give me the most energy are the food that my mom cooks. For me, my mom is the best cook.

Whenever I feel tired or stressed, eating a meal that my mom cooks with love always makes me feel better. However, since I'm now a student living away from home, I can't always have a home-cooked meal when I feel sad.

So, at those items, a simple but tasty meal is my go-to dinner. Even with minimal effort, it is possible to eat a healthy and satisfying meal which makes you feel happy I also enjoy trying to cook new recipes. I like the challenge of trying to cook food from lots of different countries, and when it runs out well, I gain a log of energy and happiness when I eat the delicious meal that I cooked.

During the winter, I like foods such as stews cause the warmth you feel after eating is very comforting. However, in the summer, refreshing food is the best. During a hot day, cool and refreshing food boosts my energy. These days, I try to eat fruit whenever I need more energy in the middle of the day, because it's healthy. But every so often, I find that a sweet treat like cake is the perfect food to give me that bit more energy.

Fill the blanks 1

I don't think I	eate	er	my frie	ends, I
am very adventurous eate	er. I like eating a	all kinds of food	ls, and I love tryin	g new
flavors. But there are a fev	w tastes that I ju	st don't like. Fo	r example, when I	visited
Korea, I tried Sun-dae, bu	ut the taste		But everythin	ıg else
that I ate during my trip	was absolutely	delicious. The 1	foods give me the	most
energy are the food that	my mom cool	ks. For me, my	mom is the best	cook.
Whenever I feel tired or	stressed, eating	a meal that m	y mom cooks wit	h love
always makes me feel be	tter. However, si	nce I'm now a s	student living away	y from
home, I can't always hav	e a home-cook	ed meal when	I feel sad. So, at	those
items, a simple but tasty	meal is	dinner	minimal ef	fort, it
is possible to eat a health	y and satisfying	meal which mal	kes you feel happy	√I also
enjoy trying to cook new	recipes. I like		to cook food	d from
lots of different countries	, and when it ru	ıns out well, I g	jain a log of energ	gy and
happiness when I eat the	delicious meal	that I cooked.	During the winter	; I like
foods such as stews caus	se the warmth y	ou feel after ea	ating is very comf	orting.
However, in the summer,	refreshing food	is the best. Du	ring a hot day, co	ol and
refreshing food boosts m	y energy. These	days, I try to e	at fruit whenever	I need
more energy	, be	cause it's healt	hy. But	, I
find that a sweet treat lil	ke cake is		give me that bit	more
energy.				

Fill the blank 2

I don't think I am a particularly picky eater. Compared to some of my friends
I like eating all kinds of foods, and I
love trying new flavors. But there are a few tastes that I just don't like. For
example, when I visited Korea, I tried Sun-dae, but
Butelse that I ate during my trip
The foods give me the most energy are the food that my mom cooks. For me
my mom is the best cook.
Whenever I feel tired or stressed, that my mom cooks with
love However, since I'm now a student living away
from home when I feel sad.
So, at those items, a simple but tasty meal is my go-to dinner. Even with minima
effort, which makes you feel happy.
I also enjoy trying to cook new recipes. I like the challenge of trying to cook

tood from lots of different coun	itries, an	a wnen	Iτ	runs	out	weii,
I	when	I eat the	deli	cious	meal	that 1
cooked.						
During the winter, I	cause t	he warmt	h yoı	ı feel	after (eating
is very comforting. However, in the sum	mer, refre	shing foo	d is t	he be	st. Du	ring a
hot day, cool and refreshing food boost	s my ene	rgy. These	days	s, I try	to ea	nt fruit
whenever I		, because	it's	nealth	y. But	every
so often, I find						

★ True or False ?

1. She is a very picky eater (T/F)

2. She can always have a home-cooked meal from mom. (T/F)
3. She likes the challenge of trying to cook food. (T/F)
Regardless the weather, she most likes refreshing food. (T/F
5. She tries to eat sweet treat during the summer. (T/F)
Answer the questions!
Why does she said that she is a very adventurous eater?
2. What would she do as she feels tired or stressed?
B. Does she enjoy delicious meal that she cooked?
I. Why does she try to eat fruits?
i. How does she think about a sweet teat like cake?

Tell the partner what you think by making composition

1. Whenever I feel tired or stressec	l, always
makes me feel better.	
2. Everything else that	was absolutely
3. Compared to, I	am a
4. I gain a lot of and happiness, wh	nen
5. I like foods such as	.cause .