|  |
| --- |
| ■ Listening ☐ Speaking ☐ Reading ☐ Grammar ☐ Writing |
| **Topic: 15 Uses For Lemons That Will Amaze You** |

|  |  |  |  |
| --- | --- | --- | --- |
| Instructor:  Lauren Kim  Reina Lee | Level:  Upper Intermediate  (Adult) | Students:  12 | Length:  30 Minutes |

|  |
| --- |
| Materials:   * Computer for audio file * PPT file (slide for pre-activity-Prediction) * Projector and screen for projection * Worksheet #1 - New Vocabulary (12copies) * Worksheet #2 - Fill in the gap worksheet discussion paper (3 copies) * Worksheet #3 - Matching phrase (12copies) |

|  |
| --- |
| Aims:   * Main Aim: Ss will be able to improve their listening skills by listening to and understanding the topic in the article. * Secondary Aims: Ss will be better able to understand and correctly use new vocabulary relating to the topic (Lemon) by completing a definition matching activity and a ‘fill in the gaps’ activity in the lesson. Student will also improve their speaking skills by sharing their thoughts with their classmates. * Personal Aim: I want to give my instructions simple and clear and my students to utilize the benefits of lemon in their daily life. |

|  |
| --- |
| Language Skills:   * Reading**:** Ss will read phrases from the article and match them to each other**.** * Speaking: Ss will talk and share about their own experience about the usage of Lemon. * Listening: Ss will listen to the recorded article. * Writing: Ss will write the correct phrases from the article. |

|  |
| --- |
| Language Systems:   * Phonology: L  [/ɛl/](https://en.wikipedia.org/wiki/Help:IPA/English) * Lexis: New vocabularies in the article   (Alleviate, Dye, Itchy, Abrasive, Digestive, suffer, Immune, Consume, Scatter etc.)   * Function: Giving Information/ sharing their experiences * Discourse: News Article |

|  |
| --- |
| Assumptions:  Students already know   * How the class is organized and operated (4 at each table ) * The basic effects of usage Lemon * Which partner/group/ they belong to in for partner/group discussion time. * The four roles in a discussion group. |

|  |
| --- |
| Anticipated Errors and Solutions:   * If students need linguistic help to express their opinions during discussion→give them linguistic support by providing definitions and some examples. * If some students keep quiet for fear of upsetting other people during discussion→encourage them to speak and advise them to be clear about their point. * If certain students dominates the discussion→ask them to give other students a chance to speak. |

|  |
| --- |
| References:  -English definitions  <http://www.google.com/>  -Visual aid, Listen File & Scrip edited from:  https://healthy-sporty-beautiful.com/15-uses-for-lemons-that-will-amaze-you/  -Edited scrip recorded by  <http://naturalreaders.com> |

|  |  |  |  |
| --- | --- | --- | --- |
| **Lead-In** | | | |
| Materials: None | | | |
| Time | Set Up | Activity Teacher Talk | Student |
| 1min | Whole  class | Answering to the teacher’s questions | Good afternoon, everyone! How are you today? It is getting warm but the air is so bad so I recently switched my drink to lemon tea from coffee. Would anyone like to? Why? |

|  |  |  |  |
| --- | --- | --- | --- |
| **Pre-Activity** | | | |
| Materials: Computer, PPT file, projector, screen, white board, board maker | | | |
| Time | Set Up | Student Activity | Teacher Talk |
| 4min  4min  1min | Pairs  Pairs  Whole class | Discussing about the probable topic of today’s class.  Students complete  Worksheet #1  Students check answers | Procedure:  1. Prediction  Elicit  (Project the PPT slide on the screen)  Please, look at the screen. What can we do with Lemon? Please talk with your partner.  (After 3 minutes)  Ok, Let’s move on to the topic of today  Model  (Write the topic “15 uses for lemon that will amaze you”)  Today’s topic is “15 uses for lemon that will amaze you”  CCQ  So how does lemon affect our daily life?  2. New Vocabulary  Instruction  We are going to learn new vocabulary before we listen to the article. I will give you a worksheet. First, read the definitions of words with the blanks and then fill in the banks with the correct word from the list below. Work together with your partners. I will give 4mins to finish.  (Distribute the worksheet #1)  “Look at the paper, and we solve #1 together.”  Demonstration  Look at #1,,,,, “right, it means..  ICQ  What do you write in the blanks?  Are you working in groups?  Are you working in pairs?  How much time do you have?  “Let’s get it started”  Monitoring  (Monitor discreetly. Answer students if they ask questions.)  (Give time warning):  1minutes/30seconds left.  (Be flexible with time. Give 1 more minute if they need it.)  “Time’s up”  Check answers  Let’s check the answers together.  After checking answer, do complement |

|  |  |  |  |
| --- | --- | --- | --- |
| **Main Activity** | | | |
| Materials: Computer, Worksheet #2(12copies) | | | |
| Time | Set Up | Student Activity | Teacher Talk |
| 4min  2 min  2 min | Individually  Individually | Listening &  Students fill in the gap  Worksheet#2  Students check answers | 1. Listening for the main idea  Instruction  “Listen carefully without taking a note. After listening, we will look at the worksheet. You will fill in the gap individually for 3 minutes”  (Hand out worksheet#2)  ICQ  Do you need to take a note while listening?  Will you fill in the gap?  How much time do you have?  (Play the audio file without pausing or stopping)  Monitoring  (Quietly walk around the classroom. See if the students have any questions)  (After 3 minutes)  “Times up. Does everyone solve all questions? Do we need to listen again? Ok then let’s listen again to find out correct answer”  2. Listening for the details  Instruction  “Ok. Let’s listen again to find out correct answer. Please listen and correct your answers this time”  (Play the audio file)  Check answers  “Now, check your answers with me. # 1 is …”  (Check answers with teacher) |

|  |  |  |  |
| --- | --- | --- | --- |
| **Post Activity** | | | |
| Materials: Discussion Paper (3 copies), white board, board marker | | | |
| Time | Set Up | Student Activity | Teacher Talk |
| 5min  4min  1min  1min | Group  Whole  Class  Whole  class  Whole class | Students discuss in groups about the topic.  Presenters present their experience | 1. Discussion  Instruction  (There are 4 in each group. Write down the topic of the discussion on the board as I introduce it. )  “The topic of today’s discussion is,  share your own experience about good effects of lemon?”  You now have 5 minutes to discuss.”  ICQ  What is the topic of your discussion?  Are you working in groups?  You may begin now.  Monitoring  (Quietly walk around the classroom.  Check to see if the students are on track. Answer to questions.)  (After 4minutes)  You now have 1 minute left.  (After 1 minute)  Time’s up  2. Sharing  “Please come out to the front. One person from each group. Tell the class about interesting/beneficial effects of lemon”  3. Conclusion  (Conclude today’s lesson by checking newly learned vocabulary and their  understanding of the topic.)  “you did a great job today! It was very interesting hearing different usages of lemon from your own experiences. I hope we learn  how to use a lemon wisely in our  daily life. Thank you.  4 Feedback  “What do you think which group has the  most beneficial opinions about usage of  Lemon? “ |

|  |  |  |  |
| --- | --- | --- | --- |
| **SOS Activity** | | | |
| Materials: Worksheet #3 (12copies) | | | |
| Time | Set Up | Teacher Talk | Student Activity |
| 4min  2min | Individually  Whole  class | Students complete the matching phrase worksheet using today’s newly-learned vocabularies in article.  Students check answers. | 1. Match the phrase  Instruction  “Now, we are going to complete the matching phrase worksheet using the words we learned today. Please work individually for 5 minutes.”  (Distribute the worksheet #3)  ICQ  Do you match the phrase?  Are you working in groups?  How much time do you have?  Monitoring  (Quietly walk around the classroom. Answer students if they ask questions.)  (After 3 minutes)  “You have 3 minutes left”  (After 1 minute)  “Times up. Good job, everyone”  Check answer  “Check the answers together.  Please read aloud each sentences slowly and correctly by all students in rotation.”  Go through the all the answers in the worksheet #3 |

* Pre-Activity - New Vocabulary (Worksheet # 1)

Fill in the blanks with the words below. Matching the definition.

1. "He couldn't prevent her pain, only it"
2. A cabbage of a variety that bears a large immature flower head of small creamy-white flower buds. The flower head of the plant eaten as a vegetable.
3. "They were naturally  to hepatitis B"
4. People consume a good deal of sugar in drinks"
5. "He'd intense pain"
6. Stomach ulcers and other disorders"
7. "Dry, skin"
8. Capable of polishing or cleaning a hard surface by rubbing or grinding. "The trees were to the touch"
9. "I my hair blonde"
10. Throw in various random directions. “  the coconut over the icing"

**Immune Cauliflower Scatter Digestive Alleviate**

**Suffered Dyed Scatter Abrasive Itchy**

* Main activity - Worksheet # 2 (Gap fill)

**<15 Uses For Lemons That Will Amaze You>**

Lemon bad smells not only from your kitchen but from your mouth, as well. , it ceases bleeding gums and can pain from toothaches. stop the pain, gently massage the juice if lemon into your gums and as soon as it starts to burn.

Vegetable and fruit turns brown really fast after you cut them. Next time you’re making a salad, some lemon juice over it and the color of your products will stay the same.

No more brown apples, bananas, and whatsoever you’re eating.

It’s easier to catch a cold and get high fever during winter.

Your system is basically exposed to illness that is why Vitamin C is particularly important. With the process of you can even reduce .

* SOS Activity – Phrase Match (worksheet # 3)

Match the phrases from the left with the right.

1. Vegetable and fruit turns brown really fast after you cut them.
2. Lemon removes bad smells not only from your kitchen but from your mouth as well.
3. Itchy elbows not only look awful, but also feel the same.
4. Whenever you feel like you need to brighten your mood or relieve depression and anxiety, eat or drink some lemon.
5. Apply lemon juice on the problematic part of your body and let it sit for 15 minutes to make it effective
6. Drinking lemon juice is the key to a healthy body, since it remove toxins from the body.
7. Squirt some lemon juice on windowsills and door thresholds to ant-proof your kitchen.

A. Oral Health

B. Keep insects out of the kitchen

C. Mental health

D. Stomach health

E. Prevent products from turning brown

F. Soften dry elbows

G. Lighten age spots

* Post Activity

Discussion Topic

1. Share your own experience about good effects of lemon

2. Which group has the most beneficial opinions about the usage of lemon?

Listening Scrip

# 15 Uses For Lemons That Will Amaze You

### You wouldn’t even guess how many uses a product can have. Lemon is not only really healthy but also really helpful around the house. Actually, you can save a lot of money spending less on doctors, medications, cosmetics and even cleaner sprays full of unnatural chemicals. Which one of the following tips would you try?

### 1. Oral Health

Lemon removes bad smells not only from your kitchen but from your mouth, as well. In addition, it ceases bleeding gums and can alleviate pain from toothaches. In order to stop the pain, gently massage the juice of lemon into your gums and wash it off as soon as it starts to burn.

### 2. Prevent Products from Turning Brown

Vegetable and fruit turns brown really fast after you cut them. Next time you’re making a salad, squeeze some lemon juice over it and the color of your products will stay the same. No more brown apples, bananas, cauliflowers and whatsoever you’re eating.

### 3. Chills and Fevers

It’s easier to catch a cold and get high fever during winter. Your immune system is basically exposed to illnesses, that is why consuming Vitamin C is particularly important. With the process of ‘lemon shocks’ you can even reduce temperatures.

### 4. Headaches

A couple spoons of lemon juice with hot tea is all you need when you suffer from a headache. Whether you’re suffering from hangover or migraine, lemon will cure you in a minute and you won’t have to take pills anymore.

### 5. Stomach Health

Digestive problems are much more common than you would think. Drinking lemon juice is the key to a healthy body, since it boosts your digestion, remove toxins from the body, helps to purify the blood and reduces phlegm, too.

### 6. Soften Dry Elbows

Itchy elbows not only look awful, but also feel the same. Making an abrasive paste out of baking soda and lemon juice will help you get smoother elbows. Rub the mixture in on a daily basis!

### 7. Create Blonde Highlights

Always dreamed of highlights but don’t want to dye your hair or have enough money for it? There is always a solution for everything. Add ¼ cup of lemon juice to ¾ cup of water, rise your hair with the mixture and sit in the sunlight until it dries.

### 8. Cleanse Your Face

Not everybody is blessed with a clean and soft skin. Use lemon to get rid of blackheads and acne. Bath your face in lemon juice and your skin will improve after several days of treatment.

### 9. Lighten Age Spots

You can find a plenty of expensive creams that do not even work against liver spots, and freckles. Forget about them and apply lemon juice on the problematic part of your body and let it sit for 15 minutes to make it effective. It’s not even harmful for your skin.

### 10. Keep Insects Out of the Kitchen

Squirt some lemon juice on windowsills and door thresholds to ant-proof your kitchen. Check if you have any holes or cracks which make it possible for them to enter your house. If you do, scatter small pieces of lemon to keep them out.

### 11. Prevents Kidney Stones

Here’s another benefit of consuming lemon juice with water regularly. Lemon is known to boost the generation of urinary citrate, a substance in the urine that prevents the formation of crystals. Don’t wait until it’s too late, act now!

### 12. Refresh Cutting Board

After preparing meals and cooking for hours, it’s hard to remove the stink from your cutting board, especially, if you are cutting onion, garlic or fish. Get a cut side of a half lemon and rub it all over the board to make it smell like a new one.

### 13. Mental Health

Whenever you feel like you need to brighten your mood or relieve depression and anxiety, eat or drink some lemon. The aroma of lemon has mood enhancing properties and provides your body with more energy when it enters the digestive tract.

### 14. Freshen the Fridge

First of all, throw out the food that has been in your fridge for years if you want to remove the terrible smells. Then, just simply dab lemon juice on a cotton ball and leave it in your refrigerator for a couple of hours. Cleaning it will never be the same again.

### 15. High Blood Pressure

Many people suffer from high blood pressure nowadays and they can only improve their condition with the help of medication. Try squeezing fresh lemon into a warm cup of water instead and drink it on an empty stomach to lower your blood pressure.