

■ Listening   ☐ Speaking   ☐ Reading   ☐ Grammar   ☐ Writing

**Topic: My body**

**Instructor:**

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**Level:**

Age 5-6 at pre-school  
(beginner)

**Students:**

8

**Length:**

50 mins

**Materials:**

- ✓ Laptop(Internet service(wifi) needed) and a video clip from You Tube
- ✓ Screen
- ✓ Speakers(Bluetooth available)
- ✓ Wall chart(a picture of human body on it) and tapes to attach on the wall
- ✓ White board
- ✓ Lyrics written on a big white paper
- ✓ 88 Pencil erasers(for SOS activity)

**Aims:**

- ✓ To know vocabularies of common body parts through a song called 'one little finger'
- ✓ To be able to describe our body by practicing pairing activity

**Language Skills:**

- ✓ Speaking: sing along with the video clip and illustrate in a pairing activity
- ✓ Listening: a short video clip and a teacher's demonstration
- ✓ Writing: worksheet
- ✓ Reading: a subtitle in the video and vocabulary on wall chart

**Language Systems:**

- ✓ Lexis: vocabulary for body parts
- ✓ Phonology: sound of words

**Assumptions:**

Student already:

- ✓ Know classmates and teacher

- ✓ Be able to read and write alphabets
- ✓ Like to watch videos rather than listen to audio only
- ✓ Know how to call common body parts in L1

**Anticipated Errors and Solutions:**

- ✓ Ss may not memorize the spelling of vocabulary,  
→ a wall chart describing body part with each name will be left on the board during the entire class
- ✓ Ss may be too much concentrated on lyrics(subtitle),  
→ subtitle will be displayed only at the first time
- ✓ If the time is short,  
→ change Ss pairing activity to 'teacher to whole class' play
- ✓ If Ss finish their tasks on worksheet earlier than anticipated,  
→ Play a game called 'Body Balancing, With A Twist'

**References:**

- ✓ <https://www.education.com/lesson-plan/my-body/>
- ✓ <https://youtu.be/eBVgcTEC3zQ>
- ✓ [http://www.momjunction.com/articles/body-parts-for-kids\\_00395946/#gref](http://www.momjunction.com/articles/body-parts-for-kids_00395946/#gref)

Lead-In/Pre-task			
<b>Materials:</b> ✓ n/a			
Time	Set Up	Student Activity	Teacher Talk
5 mins	Whole class	Do gymnastics for Ss to start the class with ease. Following a teacher's performance and instruction at front, Ss will listen some body parts and may notice or infer what it indicates.	<p>Hello everyone. How are you doing today? Before we start the class, let's do some exercise to wake up our brain and body. Please stand up and stand like me.</p> <p>First, lock your fingers each other. And turn inside out your hands. Hold your hand p to the sky. You move slowly as you can. Turn right for 3 seconds, one, two, three. And then turn left for 3 seconds, one, two, three. Untie your fingers and lower your hand. Clap your hands ten times as fast as you can. Stomp your feet and run in your place as fast as you can. Finally Rub your tummy.</p> <p>All right, good job everyone. Take a seat.</p>

Pre-Activity/Present/Task Preparation			
<b>Materials:</b> ✓ A song 'One little finger' video clip on You tube(check if speaker works and subtitle is on) ✓ Screen and speakers			
Time	Set Up	Student Activity	Teacher Talk
15mins	Whole class	Ss watch the video clip once and follow the teacher to sing the song. When watching for the 2nd time, the teacher chunks the listening (pause-play-pause-play) for the each part of body to let Ss listen clearly and sing along after.	<p><u>Demonstration</u> I want to introduce you a new song about our body. It is called 'one little finger'. Let's watch. ('One little finger' played)</p> <p><u>Instruction</u> Okay, do you like this song? Then let's sing together. Please sing along with me.</p> <p>"One little finger, one little finger, one little finger. Tap tap tap. Point your finger up. Point your finger down. Put it on your head. Head!"</p> <p>Great. Now you know where the head is! (Ss sing the entire song along with the teacher)</p>

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Main Activity/Practice/Task Realization			
<b>Materials:</b> <ul style="list-style-type: none"> <li>✓ Wall chart(a picture of human body on it) and tapes to attach on the wall</li> <li>✓ Copies of a worksheet</li> </ul>			
Time	Set Up	Student Activity	Teacher Talk
25mins	Whole class	Display a wall chart picturing the body but it has more body parts than those in the song. Review each body part from head to eyes, nose, mouth, chin, neck, shoulder, arm, stomach, leg, foot and finger. When review, have ss point it out on their bodies.	<u>Demonstration</u> Do you like the song and dance? I love this funny song. And you guys look really delightful when you dance! Now, let's look at the picture here. I am going to read each part and you repeat after me. It will be great if you point out where it is located on your body. (cover from the head to the foot)
	Pairs	Ask Ss to make a pair with a friend and have Ss tap wherever they want and the partner will answer where it is. The teacher will check if Ss are able to identify contents well by pairing work.	<u>Instruction</u> Great! Now let's practice together. Please find your partner who is next to you. And you are going to tap one of your body part and your friend will answer what it is. Ready? Go.  <u>CCQ</u> Michelle, where was Peter just tapped? (if correct) well done.
	Individuals	Hand out a worksheet to label each part of body Ss learned through video and wall chart activity. Considering the level of Ss, leave the wall chart on the board to refer to.	<u>Instruction</u> I am so proud of you all doing great. Here is a worksheet picturing the body we watched on You tube. You are going to write down the name of each body part. I am going to leave the picture on the board, so if you are not sure about how to spell, feel free to see it but try not to see. If you have any question, let me know.

Post Activity/Production/Post Task
<b>Materials:</b> <ul style="list-style-type: none"> <li>✓ A song 'One little finger' video clip on You tube(check if speaker works)</li> </ul>

Time	Set Up	Student Activity	Teacher Talk
5 mins	Whole class	<p>Have Ss sing 'One little finger' along with the teacher and dance.</p> <p>The teacher is checking if someone points out incorrectly. If found, stand in front of the Ss who is in error and dance together to show the correct action.</p>	<p><u>Error correction &amp; Feedback</u> I hope you enjoy to learn the parts of our body. Let's sing the song with dance together!</p> <p>Sing one more time!</p> <p>You did so much better. You are very good at singing and dancing. Show what you learned today to your mom and dad when you get home. See you next time!</p>

SOS Activity (in case you finish more quickly than you thought)			
<b>Materials:</b> ✓ Small objects(toys)			
Time	Set Up	Student Activity	Teacher Talk
10-15 mins	Whole class	<p>Have Ss play a game called 'Body Balancing, With A Twist'. The teacher put a small object, like a small toy, on a particular body part of Ss. Ss may twist their bodies to maintain balance of the body with the object. There will be tons of giggles and fun with this activity while Ss practice vocabularies about body.</p>	<p>As we still have a time, I want to share with you, a very funny game. Please stand up, everyone.</p> <p>Let me tell you how to play, listen carefully. I will give this eraser to each of you and tell you put this on somewhere on your body and you try not to drop it from your body for 10 seconds. Okay?</p> <p>Let's begin. Put them on your arm! (and so on until time is up)</p>

## **Appendix 1.**

### **Script of the video clip on You tube (Song: One little finger by Super Simple Song)**

One little finger, one little finger, one little finger.  
Tap tap tap.  
Point your finger up.  
Point your finger down.  
Put it on your head. Head!

One little finger, one little finger, one little finger.  
Tap tap tap.  
Point your finger up.  
Point your finger down.  
Put it on your nose. Nose!

One little finger, one little finger, one little finger.  
Tap tap tap.  
Point your finger up.  
Point your finger down.  
Put it on your chin. Chin!  
One little finger, one little finger, one little finger.

Tap tap tap.  
Point your finger up.  
Point your finger down.  
Put it on your arm. Arm!

One little finger, one little finger, one little finger.  
Tap tap tap.  
Point your finger up.  
Point your finger down.  
Put it on your leg. Leg!

One little finger, one little finger, one little finger.  
Tap tap tap.  
Point your finger up.  
Point your finger down.  
Put it on your foot. Foot!  
Put it on your leg. Leg!  
Put it on your arm. Arm!  
Put it on your chin. Chin!  
Put it on your nose. Nose!  
Put it on your head. Head!  
Now let's wave goodbye. Goodbye!

## Appendix 2.

### Work sheet\_ Body parts

