

# LISTENING LESSON PLAN

Topic: Bad Habits

Instructor: SoJeong Kim

Level: Intermediate (Adults)

Students: 12

Length: 30 minutes

## MATERIALS

- Computer
- Listening MP3 file
- Worksheets: Vocabulary worksheet, main activity worksheet, discussion worksheet (SOS worksheet if needed)
- Powerpoint slide
- Projector
- White board and markers

## AIMS

- Main: Students will improve their listening skills by listening to and understanding the topic about bad habits.
- Secondary: Students will be able to discuss and share personal bad habits by participating in paired discussion.
- Personal: I want to build rapport with my students by learning their habits and sharing some of my own.

## LANGUAGE SKILLS

- Reading: students will read the script of the topic.
- Speaking: students will discuss and share their bad habits with each other.
- Writing: students will write by filling in the blank phrases and link vocabulary.
- Listening: students will listen to the article about bad habits.

## LANGUAGE SYSTEMS

- Lexis: New vocabulary and phrases of bad habits.  
(Smoker, Slurp, To leave things around, Annoyed, Motorists, Perhaps, To point out)
- Function: To advise and recommend based on bad habits.
- Discourse: Article.

## ASSUMPTIONS

*Students already know:*

- How the class is set up (each table will be set up in pairs).
- Four language skills and language systems.
- Have an idea of different types of behaviors and recognize bad habits.

## ANTICIPATED ERRORS AND SOLUTIONS

- If some students are shy to participate in discussion, encourage them by sharing my own experiences with bad habits so they feel comfortable sharing.
- If the first audio plays too fast during main idea listening, slow down the audio speed by .5 during detail listening.

## REFERENCES

- [https://listenaminute.com/b/bad\\_habits.html](https://listenaminute.com/b/bad_habits.html)

## LEAD IN

Materials: None

Time	Set Up	Student Activity	Teacher Talk
1 Min	Whole class	Answering teacher's questions	Good morning class! How is everyone today? Are there good behaviors? Are there bad behaviors? What are some examples that people do that can be good behaviors or bad behaviors? Do you act on these behaviors?

## PRE-ACTIVITY

Materials: White board, Markers, Powerpoint file, Vocabulary worksheet

Time	Set Up	Student Activity	Teacher Talk
5 Min	Pairs	Discussing the probable topic	<p>Procedure:</p> <p>1. Spark Interest</p> <p><b>Elicit:</b> (Project PPT slide on screen) Take a look at the images on the slide. With your partner, talk about what you see that could be the probable topic. I will give you 3 minutes to discuss.</p> <p>(After 3 minutes) Time is up! Each pair please state what you have come up with for our probable topic.</p> <p>(Write down probable topics on the board, after each group had shared) Most of you are very close to what we will be discussing today.</p> <p><b>Model:</b> (Write the topic on the board) Today's topic is "Bad Habits". (Write definition underneath) A bad habit is a negative behavior pattern.</p> <p><b>CCQ:</b> Is a bad habit negative or positive behavior? Does everyone have a bad habit that they do?</p>

5 Min	Pairs	Filling out vocabulary sheet	<p>2. New Vocabulary</p> <p><b>Instruction:</b> We will be learning some vocabulary and phrases that relate to bad habits. I will give you a worksheet. Read the definitions on the right side and fill the blanks with the number of the vocabulary or phrases from the left side. Work together with your partner. I will give you 5 minutes.</p> <p>(Distribute vocabulary worksheet) But let's look at the first definition together to the right.</p> <p><b>Demonstration:</b> Let's read together, the word that fits is....</p> <p><b>ICQ:</b> What do you write in the blanks? Are you working alone? Are you working in pairs? How much time do you have?</p> <p><b>Monitor:</b> Monitor discreetly , answer students if they have questions. Give time warnings, "1 minute.... 30 seconds...."</p> <p>(After 5 minutes) Okay time's up.</p>
5 Min	Whole class	Check answers with everyone	<p><b>Check answers:</b> Let's check our answers together.</p>

## MAIN-ACTIVITY

Materials: Computer, Listening MP3 file, Main-activity worksheet, Discussion worksheet

Time	Set Up	Student Activity	Teacher Talk
3 Min	Individually	Students fill out main-activity worksheet if sentences are true or false	<p>1. Prediction So our topic for today is bad habits.</p> <p><b>Instruction:</b> I will give you another worksheet. Before we listen, I would like you to individually, guess whether the sentences are true or false on the top page. There are 4 sentences. I will give you 3 minutes.</p> <p>(Distribute main-activity sheet)</p> <p><b>ICQ:</b> Are you working in pairs? Are you guessing true or false? How much time do you have?</p> <p>(After 3 minutes) Okay time's up. Good job, now that you've made guesses, let's listen to the article and check your answers.</p>
4 Min	Individually	Listening	<p>2. Listening for the main idea</p> <p><b>Instruction:</b> Listen carefully now to the speaker talking about bad habits. Do not take notes, just listen for now. We will go over the correct answers again after we have listened.</p> <p><b>ICQ:</b> Are you taking notes during listening? What is the speaker going to talk about?</p> <p>(Play audio file)</p>
2 Min	Whole class	Check answers with everyone	<p><b>Check answers:</b> Check answers all together with the class.</p>
4 Min	Individually	Listening	<p>3. Listening for details</p> <p><b>Instruction:</b> Now that we have listened once, we will listen once more. There is a script with missing words and phrases on the bottom half of the same worksheet. Please fill the blank with words or phrases the speaker says on your own.</p>

2 Min	Whole class	Check answers with everyone	<p><b>ICQ:</b> What are you going to do with the blanks? Are you working with a partner?</p> <p>(Play audio file)</p> <p><b>Check answers:</b> Check answers all together with the class.</p>
10 Min	Pairs	Students will discuss in pairs about the topic	<p>4. Discussion <b>Instruction:</b> I will pass out the final worksheet. This worksheet has 4 questions I would like you to discuss with your partner. Each question is related to bad habits and sharing your own experiences. After sharing, the final question will ask you to recommend and provide advice on how to break bad habits to your partner. I will give you 10 Minutes to discuss.</p> <p><b>ICQ:</b> What is the topic of your discussion? Are you answering the question alone? Are you sharing your answers with a partner? How much time do you have?</p> <p><b>Monitoring:</b> (Watch the classroom and listen in to see if students are on track) Give time warnings, “2 minutes left.... 30 seconds....”</p> <p>(After 10 minutes) Okay time’s up!</p>
10 Min	Whole class	Students share their answers and provide recommendations	<p><b>Sharing:</b> Each student will now take turns to share to the class their own bad habits. Students who are not speaking/sharing will listen and provide advice and recommend how they can break that habit.</p>

## POST-ACTIVITY

Materials: None

Time	Set Up	Student Activity	Teacher Talk
1Min	Whole class	Students are listening and giving feedback/answering teacher's questions	<p>1. Error Correction Go over any grammar or pronunciation errors and correct them. Clear up any confusion about bad behaviors and explain accordingly</p> <p>2. Feedback Did we learn about different bad habits today? Will you now take your classmates' advice and apply them to your own bad habits?</p> <p>3. Conclusion Summarize today's lesson by checking new vocabulary and terms in the text. Everyone did a great job sharing and participating in the discussion. Remember all the different bad habits we've learned and what we can do to fix them. Have a great rest of your day.</p>

## SOS ACTIVITY

Materials: SOS worksheet

Time	Set Up	Student Activity	Teacher Talk
10 Min	Individually	Student will choose one bad habit and provide their own advice on how to break the following habit.	<p><b>Self recommendation</b></p> <p><b>Instructions:</b> In this worksheet you will be given a list of different bad habits. Please choose a different habit you did not discuss before with your partner and now write out your own advice on what to do to get rid of that bad habit. You are working alone and I will give you 10 minutes.</p> <p><b>ICQ:</b> How many bad habits are you choosing? Are you working alone? Are you choosing the same bad habit as before? How much time do you have?</p> <p><b>Monitoring:</b> (Watch the classroom and check if students are writing) Give time warnings, "2 minutes left.... 30 seconds...."</p>

2 Min	Whole class	Students share their own advice and listen to other recommended suggestions	<p>(After 10 minutes) Okay time's up!</p> <p><b>Check answer:</b> Students will share their choosing and advice for themselves. Students who are listening can provide feedback and other suggestions.</p>
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## Vocabulary Worksheet

Match the words to their meaning.

- |                                 |  |
|---------------------------------|--|
| 1. Smoker                       | ( ) to make a noisy sucking sound while drinking |
| 2. To slurp                     | ( ) slightly angry                               |
| 3. Noodles                      | ( ) drivers of motorcycles                       |
| 4. To quit                      | ( ) someone who smokes cigars or cigarettes      |
| 5. To leave something<br>around | ( ) to tell someone something they don't know    |
| 6. Annoyed                      | ( ) to stop doing something                      |
| 7. Motorists                    | ( ) food cooked in boiling water                 |
| 8. Perhaps                      | ( ) to leave something somewhere carelessly      |
| 9. To point out                 | ( ) maybe  |

## Vocabulary Worksheet

### ANSWERS

- |                                 |  |
|---------------------------------|--|
| 1. Smoker                       | ( 2 ) to make a noisy sucking sound while drinking |
| 2. To slurp                     | ( 6 ) slightly angry                               |
| 3. Noodles                      | ( 7 ) drivers of motorcycles                       |
| 4. To quit                      | ( 1 ) someone who smokes cigars or cigarettes      |
| 5. To leave something<br>around | ( 9 ) to tell someone something they don't know    |
| 6. Annoyed                      | ( 4 ) to stop doing something                      |
| 7. Motorists                    | ( 3 ) food cooked in boiling water                 |
| 8. Perhaps                      | ( 5 ) to leave something somewhere carelessly      |
| 9. To point out                 | ( 8 ) maybe  |

## Main Activity Worksheet

Before we listen.....

True/False

- |   |     |
|---|-----|
| 1. Everyone has bad habits                              | T/F |
| 2. Making loud noises while eating in England is good   | T/F |
| 3. People get annoyed when others are late for meetings | T/F |
| 4. Motorists don't need to think about their driving    | T/F |

Now listen again and fill in the blanks.

What are your \_\_\_\_\_ ? I think everyone has bad habits. Not everyone \_\_\_\_\_ what bad habits are. Some smokers don't think smoking is a bad habit. Young people don't think listening \_\_\_\_\_ on the train is a bad habit. In Japan, slurping your noodles \_\_\_\_\_ that you enjoy your food, but making a noise while eating in England \_\_\_\_\_. Have you ever tried to break your bad habits? I \_\_\_\_\_ smoking and have stopped leaving things laying \_\_\_\_\_ house. I wish other people would stop their bad habits. I get annoyed when people \_\_\_\_\_ meetings or talk loudly on their phones in public. I also think \_\_\_\_\_ need to think about their driving habits. Perhaps I should \_\_\_\_\_ their bad habits.

## Main Activity Worksheet

### ANSWERS

- |   |       |
|---|-------|
| 1. Everyone has bad habits                              | True  |
| 2. Making loud noises while eating in England is good   | False |
| 3. People get annoyed when others are late for meetings | True  |
| 4. Motorists don't need to think about their driving    | False |

Now listen again and fill in the blanks.

What are your bad habits? I think everyone has bad habits. Not everyone agrees on what bad habits are. Some smokers don't think smoking is a bad habit. Young people don't think listening to loud music on the train is a bad habit. In Japan, slurping your noodles is a sign that you enjoy your food, but making a noise while eating in England is not good. Have you ever tried to break your bad habits? I have quit smoking and have stopped leaving things laying around the house. I wish other people would stop their bad habits. I get annoyed when people are late for meetings or talk loudly on their phones in public. I also think many motorists need to think about their driving habits. Perhaps I should point out their bad habits.

## Discussion Worksheet

Share your answers with a partner.

1. Which bad habit do you think is the most difficult to break?
2. What bad habits do you observe in your friends and family members?
3. Have you been successful in getting rid of a bad habit?
4. Give your partner advice on how they can get rid of their bad habit(s).

## SOS Worksheet

Choose one bad habit and write what you would do to get rid of that habit for yourself.

Choose one that you did not discuss with your partner.

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> always arriving late     | <input type="checkbox"/> sleeping too much | <input type="checkbox"/> eating too fast  |
| <input type="checkbox"/> watching too much TV     | <input type="checkbox"/> staying up late   | <input type="checkbox"/> nail biting      |
| <input type="checkbox"/> skipping breakfast       | <input type="checkbox"/> leaving lights on | <input type="checkbox"/> drinking alcohol |
| <input type="checkbox"/> studying night before    | <input type="checkbox"/> eating junk food  | <input type="checkbox"/> smoking          |
| <input type="checkbox"/> drinking too much coffee | <input type="checkbox"/> tapping           | <input type="checkbox"/> cursing          |
| <input type="checkbox"/> other                    |  |   |

My bad habit is: \_\_\_\_\_

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